

WAC Code of Conduct — Athlete

Purpose:

To set clear expectations for athlete behavior and ensure a respectful, safe, and positive swimming environment.

Standards for Athletes:

1. Show respect for coaches, teammates, officials, and competitors.
2. Arrive on time and be prepared for practices and competitions.
3. Follow all training and safety instructions from coaching staff.
4. Refrain from disruptive, disrespectful, or harmful behavior.
5. Maintain sportsmanship in both victory and defeat.
6. Avoid the use of foul language, gestures, or inappropriate clothing.
7. Follow team travel and lodging rules at all times.
8. Abide by all SafeSport and USA Swimming policies.

Disciplinary Measures:

- First offense: Verbal warning.
- Second offense: Removal from practice or event.
- Third offense: Suspension from the team.

Acknowledgment:

I understand and agree to follow the WAC Athlete Code of Conduct.